

#### **Total Volatile Organic Compounds**

Total Volatile Organic Compounds (TVOCs) refer to a broad range of organic chemical compounds, many of which are harmful to human health and the environment. These compounds are characterized by their high vapor pressure, which leads to their volatility under normal indoor atmospheric conditions. TVOCs include a variety of chemicals, some of which may have short- and long-term adverse health effects.



TVOCs can originate from a variety of sources. They are commonly found in products we use daily, including paints, cleaning supplies, pesticides, building materials, furnishings, adhesives, air fresheners, and even certain types of textile. They can also be produced by activities such as cooking, smoking, or using wood-burning stoves. Industrial processes, wildfires and vehicle emissions are significant outdoor sources of TVOCs.

**Formaldehyde**: This is commonly found in resins used in the manufacture of composite wood products like hardwood plywood, particleboard, and fiberboard. It's also in building materials, insulation, and cigarette smoke. Exposure can cause irritation of the skin, eyes, nose, and throat. High levels of exposure may cause some types of cancers.

**Benzene**: This VOC is found in tobacco smoke, stored fuels, and exhaust from cars. It's used in the manufacture of plastics, resins, synthetic fibers, rubber, dyes, detergents, drugs, and pesticides. Long-term exposure can lead to harmful effects on the bone marrow and can cause a decrease in red blood cells, leading to anemia. It can also cause excessive bleeding and can affect the immune system, increasing the chance for infection.



**Toluene**: This is used in a variety of products, including paints, chemical reactants, rubber, printing ink, adhesives, lacquers, leather tanners, and disinfectants. Exposure can result in tiredness, confusion, weakness, memory loss, nausea, loss of appetite, and hearing and color vision loss. In severe cases, it can cause kidney or liver damage.

**Ethylene Glycol**: This is used in antifreeze and de-icing solutions for cars, airplanes, and boats. It's also used in hydraulic brake fluids and inks used in stamp pads, ballpoint pens, and print shops. Exposure can cause a variety of harmful effects, such as breathing problems, nausea, vomiting, diarrhea, and even kidney damage.

**Xylene**: This is used as a solvent in printing, rubber, and leather industries. It's also found in small amounts in airplane fuel, gasoline, and cigarette smoke. Exposure can lead to headaches, lack of muscle coordination, dizziness, confusion, and changes in one's sense of balance.

### Technology

TVOC sensors work by detecting the presence and concentration of these compounds in the air. Particles Plus<sup>®</sup> air quality monitors use high quality photoionization detector (PID) sensors. This type of sensors use ultraviolet light to ionize the TVOCs in the air. When the compounds are ionized, they release electrons, which generate an electric current. The sensor measures this current to determine the concentration of TVOCs in the air.

Understanding TVOCs and their impact is crucial when working with products or services related to air quality, health, and environmental sustainability. It's essential to communicate the benefits of products like TVOC sensors effectively, emphasizing their role in improving indoor air quality and protecting health. This can be achieved by using data-driven strategies to highlight the prevalence of TVOCs and the potential health risks they pose, thereby demonstrating the value and necessity of such products.



### **Carbon Dioxide**

Carbon dioxide (CO2) is a naturally occurring gas that is essential for the survival of plants and animals. However, high concentrations of this gas, especially in indoor environments, can have detrimental effects on human health and cognitive abilities. Therefore, monitoring and controlling the levels of CO2 in indoor spaces is of high importance.



Monitoring CO2 levels is crucial for maintaining a healthy indoor environment. In confined spaces, such as offices, classrooms, or homes, the concentration of CO2 can quickly rise due to human respiration and lack of proper ventilation. High levels of CO2 can lead to a range of health issues, including headaches, dizziness, shortness of breath, and even loss of consciousness in extreme cases.

Moreover, CO2 monitoring is a valuable tool for assessing the quality of indoor air and the effectiveness of ventilation systems. It can help identify areas with poor air circulation and provide insights into how to improve the indoor air quality. By keeping a check on CO2 levels, we can ensure a safe and comfortable environment for the occupants.

Recent studies have shown that high levels of CO2 can significantly impact cognitive abilities. A study conducted by Harvard University found that cognitive scores were 15% lower in office environments with 945 parts per million (ppm) of CO2 compared to those with 550 ppm. The study also revealed that at 1400 ppm, cognitive scores dropped by 50%. This decline was observed across several domains, including decision-making, information usage, and strategy.



High CO2 levels can lead to a condition known as 'sick building syndrome,' characterized by symptoms like fatigue, difficulty concentrating, and irritation of the eyes, nose, and throat. These symptoms can significantly affect productivity and performance, especially in workplaces and educational institutions.

Monitoring and controlling CO2 levels in indoor spaces is crucial for maintaining a healthy environment and preserving cognitive abilities. High CO2 concentrations can lead to a range of health issues and significantly impact cognitive performance. Therefore, it is essential to ensure proper ventilation in indoor spaces and regularly monitor CO2 levels. By doing so, we can create a healthier and more productive environment for all occupants.

### Technology

A Non-Dispersive Infrared (NDIR) CO2 sensor is a type of gas sensor that is used to measure the concentration of carbon dioxide (CO2) in the air. It operates based on the principle of infrared absorption.

The sensor consists of an infrared light source, an optical filter, a sample chamber, and an infrared detector. The infrared light source emits a beam of infrared light that passes through the optical filter, which allows only a specific wavelength of light to pass through. This wavelength is chosen to be absorbed by CO2 molecules.

The infrared detector measures the intensity of the light that reaches it. By comparing the intensity of the light before and after passing through the sample chamber, the sensor can determine the amount of light absorbed by the CO2 molecules. This absorption is directly proportional to the concentration of CO2 in the air.

The sensor converts the measured light absorption into an electrical signal, which is then processed and displayed as a CO2 concentration reading. The sensor is calibrated to provide accurate and reliable measurements over a specific range of CO2 concentrations.

NDIR CO2 sensors are widely used in various applications, including indoor air quality monitoring, HVAC systems, industrial processes, and environmental monitoring. They offer high accuracy, stability, and long-term reliability, making them a popular choice for CO2 measurement.



### **Particulate Matter**

Measuring particulate matter in both indoor and outdoor environments is very important for monitoring air quality and health. Optical particle counters are a common method used to measure particulate matter.



In many cases, particulate matter (PM) refers to tiny particles suspended in the air such as dust, smoke, pollen, and liquid droplets. PM is categorized by size into coarse particles (PM10 – between 2.5 and 10 micrometers), fine particles (PM2.5 – less than 2.5 micrometers), and ultrafine particles (less than 0.1 micrometers). Micrograms per cubic meter ( $\mu$ g/m<sup>3</sup>) is used by the scientists to express the mass concentration of the particles in the air.

PM can be emitted directly or formed in the atmosphere through reactions between chemicals. High concentrations of PM are linked to increased respiratory and cardiovascular health problems.

### Technology

Optical particle counters measure PM by drawing air samples into a chamber and using a laser beam to count and size the particles. As particles pass through the laser beam, they scatter light that is detected by a photodetector.

The intensity of the scattered light is proportional to the size of the particle. Calibration curves are used to convert the scattered light to particle size and particle counts (PC) in designated size ranges (e.g. PC0.3, PC0.5, PC1.0, PC2.5, etc).



Optical particle counters provide real-time PM concentration measurements. This allows for continuous monitoring of PM levels to identify pollution sources and health hazards. Knowing PM levels can help guide actions to improve indoor or outdoor air quality.

Key advantages of optical particle counters are their ability to provide fast, accurate particle counts measurements across a wide range of particle sizes. Overall, they are an indispensable tool for air quality monitoring and research.

Particles Plus utilizes state-of-the-art light scattering sensor technology, counters are designed for exceptional sensitivity, accuracy, and reliability. These sensors can detect and quantify particles across a broad range of sizes, providing a comprehensive picture of air quality in real-time. The use of robust and calibratable hardware also ensures a superior level of precision, reducing the risk of false positives and erroneous readings. For these reasons, many industry professionals regard Particles Plus® particle counter technology as a superior choice for airborne particulate matter measurement.



#### Temperature

Measuring temperature indoors is important for the comfort of the occupants for many reasons:



**1. Comfort**: The most obvious reason is comfort. People generally feel comfortable within a certain temperature range. If the temperature is too high or too low, it can cause discomfort.

**2. Health**: Extreme temperatures can be harmful. High temperatures can lead to heat stroke, while low temperatures can lead to hypothermia. By monitoring the temperature, these risks can be mitigated.

**3. Energy Efficiency**: By maintaining a steady temperature, HVAC systems can operate more efficiently. This can lead to energy savings and lower utility bills.

**4. Productivity**: Studies have shown that there is an optimal temperature range for productivity. If the temperature is too high or too low, it can affect concentration and performance.

**5. Preservation of Property**: Certain items, such as electronics and certain types of furniture, can be damaged by extreme temperatures. By monitoring and controlling the temperature, these items can be protected.

#### Technology

Digital temperature sensors work by converting thermal energy into electronic signals. They consist of a thermistor, a device that changes its resistance with temperature, or a semiconductor device that changes its voltage output in response to changes in temperature.

The sensor's output is then converted into digital form using an analog-to-digital converter. This digital output can be read by a microcontroller, which can then use this data to control a system, such as a heating, ventilation, and air conditioning (HVAC) system.



### Humidity

Maintaining proper indoor relative humidity (RH) levels is crucial for preventing mold growth and building degradation. Relative humidity refers to the amount of moisture in the air compared to the maximum amount of moisture the air can hold at a given temperature. Ideal indoor relative humidity levels are generally between 40-60%. Levels below 40% can lead to dry air which can irritate respiratory systems, cause static electricity buildup, and dry out furnishings. Levels above 60% provide favorable conditions for mold growth, which can damage buildings and pose health risks to occupants.



There are several reasons why monitoring and controlling indoor relative humidity is important. First, high humidity provides the moisture that mold and mildew need to grow. Mold releases spores which can cause allergic reactions, asthma attacks, and other respiratory problems. Second, sustained high moisture levels can damage building materials over time. Moisture causes wood to rot, metal to rust, and paint to peel. Third, moisture condenses on cold surfaces when relative humidity is high. This condensation can lead to water stains, peeling, cracking, and even structural damage.

#### Technology

The sensor has two elements – a humidifying element and a temperature sensor. The humidifying element is typically made of a material that absorbs moisture from the air, like ceramic, polymer, or metal oxide. As moisture is absorbed, the element's electrical properties change in a measurable way. The sensor detects these changes to determine the actual moisture content of the air.



The temperature sensor, usually a thermistor or RTD, measures the current air temperature. Temperature is important because the warmer the air, the more moisture it can hold. So the maximum moisture capacity of the air depends on temperature.

Using the measurements from the humidifying element and the temperature sensor, the relative humidity sensor can then calculate the relative humidity. It does this by determining:

- 1. The actual moisture content of the air based on the humidifying element's readings
- 2. The maximum moisture capacity of the air at that given temperature based on psychrometric charts or built-in calculations
- 3. The relative humidity by taking the ratio of the actual moisture content to the maximum possible moisture content at that temperature and multiplying by 100.

Relative humidity sensors work by absorbing moisture with a humidifying element to determine actual moisture content and measuring air temperature to determine maximum moisture capacity. The ratio of these two readings then provides the relative humidity percentage.